

How Social Work Support Services Can Help

Facing the diagnosis of a chronic or degenerative illness such as a movement disorder can be difficult. But you CAN take control over your situation. Empower yourself – we can help. Social workers provide counseling and other services that can reduce stress for you and your family through all phases of your illness.

We can help you:

- Access information to help you understand your diagnosis and treatments
- Cope with your diagnosis and the many emotions you may be experiencing
- Consider decisions about treatment options as you think about your work, family and other things in your life
- Understand social security benefits, disability benefits, insurance coverage, Medicare and Medicaid

We offer:

- Counseling for you and your family members
- Support groups and educational programs

We can teach you about:

- Living with chronic disease – issues commonly experienced and resources to help you long term
- Coping with your emotions of sadness, anger, worry or fear
- Reducing stress and using relaxation tools
- Coping as a caregiver
- Exploring integrative medicine options
- Considering clinical trial possibilities – the future of medicine here today
- Planning for your care with the use of advance directives
- Driving issues

We can help you access:

- Affordable medical care and prescription drug coverage
- Transportation to and from medical care
- Home health care and hospice care
- Items such as a cane or walker
- Referrals for help at home, including safety precautions/modifications

To schedule an appointment with a social worker at the Gardner Family Center for Parkinson's Disease and Movement Disorders, please call (513) 475-8792.